

EANI MENU GORRAN PRIMARY 2023

NB: Bread, Salad, Yoghurt, Milk, Water and Fresh Fruit are available daily.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Pizza Or Fish goujons Baked beans/Salad/Coleslaw Chipped potatoes/baked Potato Strawberry mousse & fruit.	Savoury mince Or Chicken & tomato pasta & garlic bread Baton carrots/ salad Mashed potatoes Yoghurt pot	Roast chicken Carrots & parsnips/savoy cabbage Mashed potatoes/ oven roast potatoes Strawberry jelly, ice cream & fruit	Chicken curry & naan bread Or Chicken panini Garden peas/sweetcorn Steamed rice/oven baked wedges Chocolate sponge & custard	Hot dog Or Crispy cod fishcakes Coleslaw/salad Chipped potatoes/baked potato Fresh fruit & biscuit
Week 2	Sausage roll Or Sweet and sour chicken Spaghetti hoops & garden peas Chipped potatoes/steamed rice Ice cream, chocolate sauce & sliced pears	Pasta bolognaise with garlic bread Or BBQ chicken pizza Sweetcorn/salad Homemade diced potatoes Zesty orange sponge and custard	Roast Gammon Or Poached salmon Cauliflower or broccoli & Carrots Mashed potatoes/oven roasted potato Blueberry muffin	Chicken curry & naan bread Or Salad filled pitta with pulled pork and coleslaw Garden peas Steamed rice/oven baked wedges Fresh fruit salad and yoghurt	Beef burger in a bap with tomato ketchup Or Peppered Chicken Sweetcorn/salad Chipped potatoes/steamed rice Flakemeal biscuit & fruit
Week 3	Golden crumbed fish fingers Or Mighty mac 'n' cheese with garlic bread slice Baked beans/coleslaw Chipped potatoes/mashed potatoes Artic roll with peaches & pears	Italian beef with crusty roll Or Pepperoni/margherita pizza Garden peas/salad Homemade diced potatoes Fresh fruit	Roast Turkey Carrots & parsnips/ cauliflower cheese Mashed potatoes/oven roast potatoes Melon wedge	Chicken curry & naan bread Or Steak burger in a bap with cheese Steamed rice/oven roast potatoes/salad Lemon drizzle cake & custard	Tasty pork sausages Or Salt n chilli chicken wrap with garlic mayo Mini corn on the cob/spaghetti hoops Chipped potatoes/mashed potatoes Decorated fairy cake
Week 4	Ham & cheese/pepperoni pizza Or Tex mex beef & veg enchilada Sweetcorn & red pepper/coleslaw Chipped potatoes/baked potato Jelly & mandarin oranges	Beef bolognaise with garlic bread Or Cod fishcakes Garden peas Homemade diced potatoes Fruit & yoghurt	Roast gammon Broccoli/turnip Mashed potatoes/oven potato Ice cream, pears & chocolate sauce	Chicken curry & naan bread Or BBQ chicken wrap with crunchy salad Green beans Steamed rice/oven baked wedges Date krispie & custard	Oven baked chicken goujons Or Sweet chilli chicken panini Salad/baked beans Chipped potatoes/mashed potatoes Biscuit & fruit